

Early Childhood Services at CGC



Child and Family Therapy

- **Outpatient Therapy:** CGC Clinicians provide a range of assessment and treatment services including individual, dyadic, family, and group therapy for children ages 3-18 in one of our offices or via telehealth.
- **Attachment, Regulation and Competency Framework (ARC):** a flexible, components-based intervention designed specifically for children ages 3-18 and their caregivers impacted by complex trauma.
- **School-Based Outpatient Therapy:** In partnership with Children's Learning Centers of Fairfield County (CLC), CGC clinicians provide a range of assessment and outpatient treatment services to children ages 6 weeks- 5 years in their school environment.



Specialized Treatment

- **Child First:** is an evidence-based, intensive, two-generation model that provides integrated child/caregiver therapy and care coordination to young children and their families. FREE home-based services are provided to pregnant caregivers and young children birth to 6 years.
- **Classroom-based Mental Health Consultations:** In partnership with Children's Learning Centers of Fairfield County (CLC), CGC clinicians provide mental health consultation to Head Start, School Readiness and Child Development classroom teachers to support their students' social, emotional, and mental health for ages 6 weeks to 5 years.



Developmental Evaluations

- **Developmental Evaluations:** assess the cognitive, social and emotional functioning of young children ages 3-6, identify strengths and challenges in early development and outline ways to address them. Children ages 3-18 can be referred when there are questions about Autism Spectrum Disorder Diagnosis. Evaluations are completed in CGC office locations.

Check out our website by scanning the QR code!



Treatment is available regardless of a family's ability to pay or immigration status.
Cost of services varies dependent upon health insurance.
A sliding scale and other payment options are available.