



FOR MORE INFORMATION

Child First is a program of
Child Guidance Center of
Southern Connecticut, Inc. a
program of Community
Health Center, Inc.

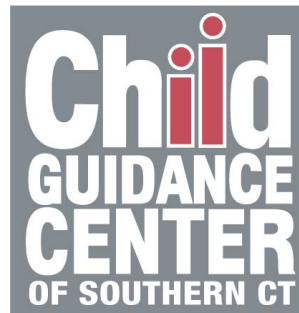
If you are interested in receiving
Child First services from Child First,
and you live in Stamford,
Greenwich, Darien or New Canaan,
call :

203-324-6127
203-348-9378 (fax)

You can also find more information on the
Child First website, www.childfirst.org.



CHILD FIRST AFFILIATE AGENCY



A program of
Community Health Center, Inc.

**103 West Broad Street
Stamford, CT 06902**

The Child Guidance Center of Southern
Connecticut (CGC) is dedicated to improving
the mental and behavioral health of children and
teens through treatment, education, and
community support.

www.childfirst.org

child first

Child First helps you build
strong, loving relationships
with your young children
to heal and protect them
from the many stresses and
challenges in their lives.



CHILD FIRST IS HERE TO HELP!

Child First works with families who:

- Feel overwhelmed by the behavior or emotions of their young children
- Have experienced violence or trauma
- Feel stressed and hopeless
- Need support and services for their child and other family members



HOW DOES CHILD FIRST WORK?

Our Child First Team works as your partner, listening closely to **understand your goals** and what is important to you, your child, and your family.

We visit with you and your child each week in your **home** or community. We can also work with your child's teacher or child care provider.

Our Team is made of:

- A **Child Development Clinician**, who understands children's behavior, development, and learning.
- A **Care Coordinator** who connects families with services and supports (like food, housing, furniture, child care, health care, and job training).

DO YOU FEEL STRESSED?

"My child is kicking other children!
He is going to be expelled from school!"

"I am sad and exhausted all the time."

"I am afraid for myself and my children.
Someone is going to get hurt."

"My child doesn't listen!"

WHO IS ELIGIBLE?

- **Pregnant women** or **children** from birth through five years of age.
- **Children** with very difficult behaviors or delays in their development or learning, (such as anger and fighting, risk of being expelled from childcare, sadness, or late language).
- **Families** with many stresses (such as feeling alone or hopeless, fighting in the home, drug use, homelessness, without enough money for food or rent, or involvement with the child welfare system).

There is no cost for Child First services.

Child First is available without regard to legal status.

Child First services are available in English, Spanish and other languages.

THE GOALS OF CHILD FIRST

Our Child First Team is there to support and help you. We will work together with you and your child so that:

- Your child is happy and healthy, without behavior problems!
- Your child is learning and successful in school and in life.
- You can be a strong, kind, wise, and loving parent or caregiver.
- You do not feel stressed and overwhelmed by the past and present challenges in your life.
- Your family connects with community-based supports and services that you want and need.
- You can feel confident and focused so that you can reach your own goals for the future.