



An affiliate of Community Health Center, Inc.

The Child Guidance Center of Southern Connecticut is dedicated to improving the mental and behavioral health of children and teens through treatment, education, and community support.

Contact Us! (203)324-6127



We are excited to announce that Children's Learning Centers (CLC) of Fairfield County has created a partnership with Child Guidance Center of Southern CT to provide Mental Health Consultation services at all CLC sites.

Why is it helpful to have a Mental Health Consultant at our sites?



Being a young person can sometimes be tough, even when teachers and staff try really hard to show them that they are safe and welcome. Between 4-12% of children can behave in ways that get in the way of them learning new skills and making new friends. Some studies show that this number might be as high as 57%. While we know that most kids outgrow these behaviors with support, it can be helpful to have a Mental Health Consultant support both the teacher and child to make sure they have the best day possible and continue to learn and grow. After all, isn't that what we all want for our children?

What does a Mental Health Consultant actually do?



A Mental Health Consultant can do a lot of things to support children and staff. They can come to the classroom and give staff suggestions about how to structure the classroom or the routine to take into account every child's development and individual differences.

If a child seems to be having a really hard time getting used to their classroom, or seems to be struggling to learn or make friends, the Mental Health Consultant can also observe the child in the classroom and make suggestions about how to best support them. Someone from CLC would talk to the child's caregiver and get permission before the Mental Health Consultant comes in to observe. The Mental Health Consultant would then arrange a time for the caregiver and the school staff to talk about the child's strengths, all the ways in which the child has shown growth, and how everyone can team up to help in the areas that have been more challenging.

Having another person on the team with special training in early childhood development and social emotional health can be really helpful! If you have any questions about this new partnership, please don't hesitate to call 203-323-5944, ext.147 and ask for the Family Service Manager.



Do you think your child might benefit from individualized mental health assessment and treatment services provided at CLC during the school day?

If so, please call 203-324-6127 to schedule the first appointment with one of CGC's behavioral health clinicians available onsite at some of our CLC locations.



Check out CGC's website by scanning the QR code!

Treatment is available regardless of a family's ability to pay or immigration status.
Cost of services varies dependent upon health insurance.
A sliding scale and other payment options are available.