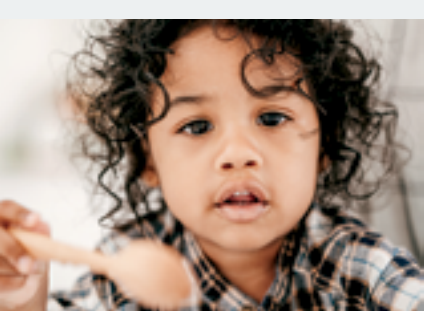




Helping Families Providing Hope



The pandemic has created a mental health crisis of global proportions

Children and families in our own backyard are struggling to cope – and living with so much fear, risk and uncertainty is taking a massive toll on their mental health and daily lives.

CGC has been a pillar of support in our community for over six decades

This is what we do for children and families. And now, more than ever, our clinical experts are responding with strength.

But we can't do it alone

Together we can restore health, wellbeing, and joy for children.

Please donate now!
childguidancect.org/give

Thank you for helping us help those who need it most

Responding with strength in 2020

...partnering with Community Health Center, Inc.

- CGC's existing programs made stronger
- Enhanced services and expertise
- Easy access to primary medical care for clients



...ensuring access to care during the pandemic

- Quick pivot to telehealth via video and phone
- Outreach to hundreds of former CGC clients to offer support and resources.
- Launch of community education initiative – *Parenting During the Pandemic*

...building on CGC's history of racial and social justice

- No child or family ever denied care
- Culturally sensitive care provided in preferred language
- Commitment to address internal and community systemic racism

Innovating to meet our clients' needs

Adolescent Transitions Program ... coming in 2021

A new intensive group, individual, and family therapy program for transgender and gender non-conforming teens, including access to gender affirming medical care through CHC. These youth are at significantly higher risk for substance abuse, depression, suicidal ideation, and homelessness.



Play Therapy Kit Initiative ... launching now

Play Therapy, a core component of CGC's services, helps young children "play out" experiences, work through trauma, and heal. CGC has developed a telehealth alternative to deliver therapeutic toys, books, and art supplies to clients' homes.



CGC fully pivoted to telehealth at the start of the COVID-19 pandemic in just 5 days



93% of children who completed treatment experienced stabilization and improvement

18,135 interventions to children and teens
1,326

Our Mission

The Child Guidance Center of Southern Connecticut is dedicated to improving the mental and behavioral health of children and teens through treatment, education, and community support. **We help all children and families, regardless of their ability to pay.**

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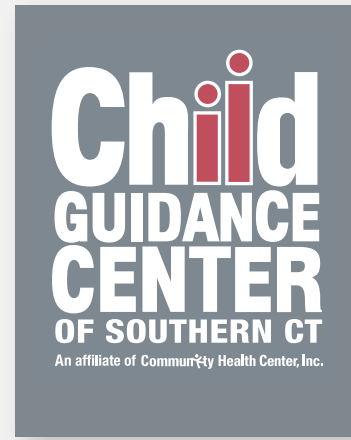
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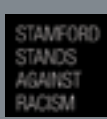
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Child Guidance Center of Southern Connecticut, with multiple locations serving the Stamford, Greenwich, Darien and New Canaan communities:



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Stamford, CT 06902

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Stamford, CT 06902

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Greenwich, CT 06830



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