

Description of Program

The Child Guidance Center of Southern Connecticut (CGC) is committed to providing quality training for Doctoral Psychology Interns who have an interest in working with diverse populations in a child community mental health setting. Located in Stamford, Connecticut, CGC provides outpatient treatment to a broad range of individuals and families, including some of the most vulnerable and at-risk youth. Services are primarily provided in three languages: English, Spanish, and Haitian Creole.

Interns gain experience with children across the age spectrum from 3 years to 18 years, 11 months, as well as provide parent guidance sessions to caregivers and guardians. Individual, family, and group therapy, as well as comprehensive psychodiagnostic assessment comprise the core of the direct service experience. Interns also complete rotations in each of the following:

- **Crisis Rotation:** Interns spend approximately 8 hours per week for 6 months as part of our Mobile Crisis Intervention Service responding to psychiatric emergencies in the community. Interns begin by shadowing a Crisis Clinician, gradually gaining autonomy as they practice leading the crisis assessments. Interns may have the opportunity to function as an independent crisis clinician with support from the crisis director. Specialized group supervision is included as a part of this rotation.
- **Intake Rotation:** Interns spend approximately 8 hours per week for 6 months as a part of our Intake team, providing approximately 2 psychosocial assessments per week for patients new to the clinic. Specialized group supervision is included as a part of this rotation.

Interns have the opportunity to elect specialized experience by attending multidisciplinary team meetings within the Child Advocacy Center, or participating in consultation groups for Attachment, Regulation and Competency (ARC) Framework therapy.

Interns receive 2 hours per week of individual supervision, as well as group supervision for psychological testing, and rotation-specific group supervision. Interns participate in a weekly Didactic Seminar, Multidisciplinary Treatment Team Meeting, Grand Rounds Seminar, and Intern Meeting.