



## **Youth Empowerment & Support (YES) Mentoring Program**

### **The Purpose:**

The YES Mentoring Program provides youth ages 6-18, who struggle with emotional and/or behavioral difficulties the chance to interact and participate in fun, age-appropriate activities, with a positive role model. While the volunteer role model is spending quality time with the child/adolescent, parents and/or guardians will have some time for themselves.

This program is intended for youth who are involved in the System of Care Wraparound Process in the Stamford and Norwalk Agencies.

In order to become a Mentor in our program the following are required:

- Be at least 21 years old.
- Agree to complete a back-ground check.
- Have the ability to meet with a child on a one-to-one, regularly scheduled basis, for three hours per week.
- Be willing to make a commitment for 12 weeks.
- Be able to meet within the towns of: Norwalk, Westport, Weston, Wilton, Darien, New Canaan, Stamford and Greenwich.

Upon submittal of a completed volunteer application, you will receive a call to set up a time for an interview. During this interview we will explore your family background, education, work history, interests, and values in order to find a best match for the youth.

Once interviews are completed, mentors will attend a mandatory orientation session. During this orientation we will review the 'do's and don'ts' of the program, suggested activities, and other important information. After the orientation session is completed, there will be a match introduction for mentors and mentee's.

Please contact Sheila Figueroa at 203-517-3346 or [Sheila.figueroa@childguidancect.org](mailto:Sheila.figueroa@childguidancect.org) for more information.

